

# KITCHEN GARDEN NFWS

# **Our Responsibility**

As gardeners we have lots of responsibility to maintain a beautiful garden.

Also as student gardeners we have to be careful, committed, balanced and very patient. Gardening might take a little work if we want to maintain a fantastic garden. We have to respect it by being understanding that Leah and other peers took their time to look after the garden.

Here are a few things we should be doing:

- ~Caring and respecting the garden
- ~Cleaning up- Not just when asked
- ~If you see some one doing something wrong, be a leader and tell them
- ~Be a leader and be responsible

Here is what we shouldn't be doing:

- ~Don't put your feet/leg in the garden beds
- ~Don't pick plants without Leah's or a teacher's permission
- ~Don't litter in the garden

By Gisma, Ella and Kristin 6A

#### 6th of March 2014

## What We Planted in 6A

On the 4<sup>th</sup> of March 2014 6a one of Kingsville's grades did a bit of gardening with Leah. We set out our seeds in a plan called the anti-oxidant plot some of the seeds we planted were Pak Choy, Mustard, Broccoli, Yu Si Sum, Tatsoi, Silverbeet, Mizuna, and Rucola Coltivata. We had lots of fun in the garden and will for the next year

By Ella 6A

#### **GREEN THUMBS**

By Kyeshni 6A

The kitchen garden is a great place to do gardening with your grade, so that is why I applied for the role as a green thumb.

Hi my name is Kyeshni and I help out with the kitchen garden, we work as a team to help the garden grow, There are four of us and we are Hannah, Sam, Zac and Kyeshni.

Our main responsibility is to help the environment grow and we have a daily time table for the work, example: Tuesday and Wednesday we water the plants around the 5/6 building and on Thursday we do same cleaning up all around the 5/6 building.

To show how kind we are towards the environment we take up our recess and a little bit of our lunchtime to help Leah with the kitchen garden.

For those who don't know Leah, Leah is a staff member who helps the garden outside 6A's classroom.

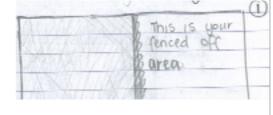
# Process of planting and maintaining the antioxidant plot

When doing a plot like the antioxidant plot you need to be patient, it's not a 1-hour procedure, it takes someone who is into gardening. You don't need to know how to garden to be able to garden. But I'm going to tell you how to do the antioxidant plot in 6 simple steps.

Step 1: This may be hard if you don't have a square garden patch, but you could just fence off half of your garden patch and use one half.

So this is our garden patch:

After fencing off we added the string.



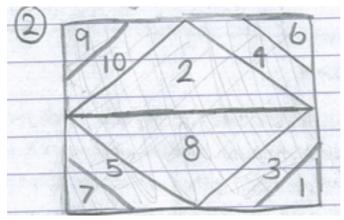


After we got a piece of paper numbering plants so we know where to put the plants

- 1. Broccoli purple
  - •
- 2. Yu tsai sum
- 7. Rocket
- 3. Endive
- 8. Silver beet

6. Pea shoots

- 4. Mizuana
- 9. Spinich
- 5. Mustard
- 10. Tatsoi



By Kristin 6A

Because they were small seeds we only put them a small depth in the ground. The bigger the seed the deeper it goes. Before planting the seeds we had to read the spacing advice. There was different spacing depending on the different plants.

That was the process for the Anti-Oxidant Plot.